



Safety Zone

**Join us for a Brown Bag Workshop
Understanding your sexuality & how to protect
your “safety zone” in your community**

Guest speakers include:

Ms. Christine Spencer-Greer of Planned Parenthood,
Fairfax County Police Dept., & Metropolitan Police Dept.

Date: Saturday, June 7, 2003

Time: 11:00-2:00pm, Brown Bag encouraged

Location: Library at the Annandale United Methodist Church
6935 Columbia Pike, Annandale, VA 22003

RSVP: Please call The Arc at 703-532-3214 to RSVP

Childcare: Limited- please call Debbie Fleischmann,
703-532-3214 x214 for reservations.

Who should attend?

Individuals with disabilities, Parents of children with disabilities
of any age, & Professionals working with people with disabilities.

Part I – 11:00-12:30

Sexuality.....We all know that when raising a child with a disability those developmental milestones become more difficult or you may need a little extra help to assist your child with their growing feelings. Ms. Christine Spencer-Greer of Planned Parenthood, will take you as parents into the ways to deal with your youngsters growing body & applying the message in terms a child with a cognitive disability can understand. Dealing with those inappropriate times, sexual abuse, and your growing sexuality are topics of discussion. This workshop is intended for parents of adolescents but all parents and professionals are welcome.

Part II – 12:45-2:00

Safety.....As we get older and enter the community we get a great feeling of freedom and independence, but in a world where abuse and neglect can be commonplace, we need to be “street smart.” A representative from the Fairfax County Police and the Metropolitan Police Department will discuss what it means to be SAFE in your community with a disability. Topics will include abuse, ways to help the professionals who protect you to know you have a disability, inappropriate signs to watch for, techniques to know to help you in an unsafe situation, role of the police and how to ask for help. This workshop is intended for people with disabilities and their caretakers.

Christine Spencer-Grier; has a BA in Psychology,
& is currently Acting Manager of Community
Education and Outreach of Planned Parenthood of
Metropolitan Washington, DC. She is an Educator
providing programs on various reproductive and
sexual health issues for the schools, community-
based organizations and faith-based groups.